

2020/2021 RATES SHEET FOR INDIVIDUALS

Discovery conversation

You are pretty sure that you're ready for coaching and you have questions about the process, if it's for you, and if we are a good fit. Let's explore in a Discovery conversation.

Discovery conversation - 30 minutes Free

Single-session

You have a topic that needs exploring but don't need or have time for a multi-session contract yet. These sessions are great for you.

Single-session - 90 minutes \$190 Single-session - 60 minutes \$125

Multi-session

You have a big, hairy, audacious goal that you are going to advance through coaching. You need a multi-session engagement. Sessions are pre-booked weekly. You can book single or multiple sessions per week.

Payment due in advance or after each conversation.

Multi-session engagements include text/email support between sessions and printables to amplify your experience.

Six weeks (six hours total) \$510 Eight weeks (eight hours \$680 total)

*Rates shown do not include GST - taxes added at time of payment Visa, Mastercard, and e-transfer accepted.
Rates subject to change at any time.